PERSONAL
3 THINGS TO LOOK AT IN YOUR PERSONAL MID YEAR REVIEW
REVIEW
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simple theology, messy life

Your Mid Year Checkup

Your personal mid year review is never a bad thing. In fact, these principles can be applied as often as quarterly, but at least once every 6 months will serve you well.

Without reflection, it's far too easy to just drift through the weeks and the months and wonder where the time went.

A few words of caution: resist 2 temptations as you apply these principles.

1. Don't compare yourself to anyone else.

2. Don't beat yourself up.

Keep in mind that a personal quarterly or mid year review is simply a gauge to determine where you're personally at, and where you desire to focus and grow.

Blessings to you as you go!

Gene Whitehead

1. Spiritual

A. What has been your 3 greatest successes in the last 6 months in your spiritual life? Big or small, it doesn't matter. List them out.

B. How satisfied are you with your prayer life? Are you spending more or less time in prayer than before? Is there anything you need to do to increase your time spent with the Lord in prayer?

C. Are you spending ***quality*** time in the word? (Not necessarily more time, or a specific amount of time.) Is your Bible reading more or less consistent and fruitful than it was 6 months ago? Are you following a Bible reading plan this year? What steps do you need to take to increase the **quality** of the time you're spending in your Bible for the next 6 months?

2. Personal

A. What goals did you set last New Year? Are they still relevant? (It's ok to refine your goals to keep them updated).

B. Reading books is an extremely healthy practice and completely belongs in your personal reviews. It strengthens your imagination, increases knowledge, and could actually boost your mental functions.

Are you spending any time reading for leisure or for learning? If your answer is no, set a goal to spend a certain amount of time doing that. Even better, read 3 to 4 books in the next 6 months. List the books that you'll read before your next review:

3. Relational

A. What new relationships have you developed since your last mid year review? Which of your existing relationships are you going to focus on for the next 6 months? Are there any relationships that you've neglected, or how about any that you need to sever?

B. How are you impacting the people that God has brought into your life this year? Is there a person you can and should be praying for regularly, or spending more time with?

C. Are you in relationship with the people in your church? *(Small groups, home groups, life groups, Bible study groups, or whatever you want to call them, are critical. This is where "real church" happens).*

If you are involved with a small group, how are you growing in relationship with your peers? If you're not in a small group, may I suggest you start visiting some within your church? Set a goal to visit some and don't settle on one until you've visited at least 3 and are a part of one by your next review.

About Gene S. Whitehead

Gene Whitehead ditched his first career in order to serve people and share hope. He and his wife have been serving in full time, cross cultural ministries since 2007 and are currently based in Northern Europe.

His passion is to help you embrace Christ and to apply Scripture to your daily life in real, practical ways. Something he calls simple theology for a messy life.

And by simple, he doesn't mean easy...

Gene holds a Bachelor of Biblical Studies (BBS) and a Master of Ministry (MMin) from Bible University Canada, Nova Scotia. You can connect with him on his website at genewhitehead.com.